

Let's talk about a framework for interventions regarding Individual Working Practice to prevent work-related musculoskeletal disorders

Faculty:

Bert Van De Wijdeven

Work-related musculoskeletal disorders (WMSDs) are a key topic in occupational health. Interventions to minimise exposure to work-related physical risk factors are widely advocated. These interventions can be aimed at the work organisation, the work environment and the workers' behaviour, the so-called individual working practice (IWP). No conceptual framework for interventions for IWP exists. In a scoping review, a first step was made towards such a framework. [Wijdeven, Visser, Daams, Kuijer: A first step towards a framework for interventions for Individual Working Practice to prevent work-related musculoskeletal disorders: a scoping review. BMC MSD-accepted]. This study defined eight intervention categories, like workplace adjustment and motoric skills. Next, an international digital Delphi expert consultation was performed. This round table aims to discuss these Delphi results and the definition of these categories with you and to hear your opinion on whether each category also requires a specific training and/or teaching approach to enhance that specific IWP.

About Our Speaker:

Bert Van De Wijdeven

He has trained people in their way of working for over 35 years: cleaners, order pickers, masons, and cashiers. The goal was to prevent work-related MSD or help them return to work. He applied the usual ways of doing this work because there is no framework for approaching this problem. The development of such a framework is now the aim of his PhD project at the Department of Public and Occupational Health, Amsterdam UMC, Amsterdam, the Netherlands. His supervisors are Bart Visser, Centre of Expertise Urban Vitality, Amsterdam University of Applied Sciences, Amsterdam, the Netherlands and Paul Kuijer, Department of Public and Occupational Health Amsterdam UMC.